<u>Sophie Quay</u>

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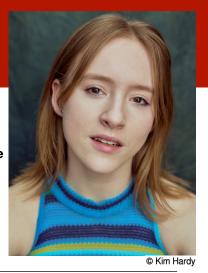
Insta @sophiequay

Showreel

Location	London
	Valid UK and Australian passport
Height	170cm
Weight	60kg
Playing Age	20-25
Ethnicity	White

Eye Colour Hair Colour Hair Length

Brown **Strawberry Blonde** Mid length



Stage

2023, Ensemble, CINDERELLA, Crossroads Pantomimes

- 2022, Contemporary dancer, TENDENCY, Roy Munro
- 2021, Dancer, FIRST LIGHT, One Dance Company, Lucy Doherty
- 2020, Contemporary Dancer, SAMPLE PREDATOR, Cass Mortimer Eipper
- 2020, Contemporary Dancer, AITU, Thomas Fonua
- 2020, Contemporary Dancer, DOMUS, Paulina Quinteros

Dance

2023, Contemporary Dancer, ICARUS, Wayne McGregor studio sharing, Dance Film Performance, Angelina Gorgaeva 2022, Apprentice Dancer, DOUBLE BEATS, Sarah Black

- 2022, Secondment Dancer, DANCE NORTH COMPANY, directors Kyle Page and Amber Haines
- 2019, Brisbane International Contemporary Dance Prix, 2nd place

Street Theatre

2023, Dancer, COUNTERPOINT SOMERSET HOUSE COURTYARD, Shobana Jeyasingh Dance

Arena

2023, Dancer, Saudi Arabia Games Opening Ceremony, Mitch Sebastian

Music Video

2023, Dancer, DRAG - MANDY INDIANA, Ella Margolin

2022, Lead actress, SLEEPING WITH THE FISHES,, AFTT, Calvin Vogt

2021, Choreographer and Dancer, DUST - EBONY CLAIRE, Jon Brennan

2021, Choreographer and Dancer, MISS YELLOW - EBONY CLAIRE, Marissa Benson

2019, Dancer, BRING ME DOWN TO MY KNEES - JESSICA SPAHR, Morgan Morris

Short Film

2023, Contemporary dancer, OSCILLATIONS, Arts Council England DCYP Grant, Michael Mendones

2023, Choreographer and Dancer, ANGEL'S TRILOGY, Joyce Liu

2022, Lucy - principal role and Choreographer, SOMNIUM, AFTT, Bella Burton

2022, Co-Director and Writer, EXOSKELETON, Sophie Quay and Julian Hamman

Commercial

2021, Party Dancer, SONY MUSIC - HEAR IT TRUE, Winifred

Accents Australian

Languages English

Music & Dance Acro, Aerobics, African Dance-Contemporary, Ballet*, Ballroom Dancing, Burlesque, Cabaret Dance*, Choreography*, Commercial Dance*, Contact Improvisation*, Contemporary Dance*, Freestyle*, Hip Hop*, Jazz*, Modern Dance*, Pas De Deux*, Period Dancing*, Pointe, Singing, Street Dance*, Tango, Ukulele, Vogue Dance

Performance Skills	Children's Theatre, Immersive and Interactive Performance*, Musical Theatre*, Outdoor Performances*, Physical Theatre*, Poetry Reading, Public Debating*, Public Speaking*, Spoken Word*, Storytelling*	
Sports	Mountain Hiking* (completed 230km, 16 day Larapinta trail in Northern Territory, Australia), Canoe, Gymnastics, Horse Riding, Kayak*, Netball, Rip Stick, Running*, Skiing, Softball, Stand Up Paddle Board, Swimming*, Swimming (open water)*, Yoga*	
Other Skills	Barista, Bartender, Dance Teacher*, Film/Video Editor (Davinci Resolve), Filmmaker, Modelling*, Movement Direction, Photography	
(* = highly skilled)		
Training	2019 - 2021	Ev & Bow Full Time Dance Training Centre, directors Sarah Boulter and Lisa Bowmer
	2018 - 2023	Vocal training, Jessica Spahr and Kurt Kansley
	2016 - 2019	Drama training, NIDA Open
	2023	Rambert Dance Intensive
	2023	Matthew Bourne's Autumn Adventures
	2023	Gaz Davis' The Program
	2023	Tavaziva Dance Intensive
	2023 & 2022	Hofesh Shechter Company Intensive
	2022	Juliano Nunes x FLOCK Orsolina 28 Intensive
	2022	B12 research with James Vu Anh Pham, Lea Ved and Viktor Rottier
	2022	Jamiel Laurence Intensive working with Mark Baldwin, Luke Ahmet,
		Travis Clausen-Knight, Kennedy Junior Muntanga, Jordan James Bridge, Nicole
		Kabera, Marika Brussel and Julian Nichols
	2009 - 2018	KRS Dance